NOF CONGRESS 2026
Wednesday

	CONGRESS HALL	VAND SALEN	PJERROT	COLUMBINE	HARLEKIN	BLOMSTER SALEN	BALLON SALEN
9.00-9.45	Symposium: **Who gets the Scalpel Next? Culture Change in Nordic Orthopaedics** Chair: Marie Fridberg & Christina Frølich Frandsen	National society session: **Sweden – The Power of large Register-based RCTs** Chair: Oluf Sköldenberg	Symposium: **Meta-analyses in Orthopaedics: What Can We Trust?** Chair: Robin Christensen	Free paper session: **Sports** Chair: Rune Bruhn Jakobsen & Kristoffer Weisskirchner Barfod	Free paper session: **Hip fracture** Chair: Ann Kristin Hansen & Bjarke Viberg	Free paper session: **Knee Arthroplasty** Chair: Christian Bredgaard Jensen & Christian Skovgaard Nielsen	Free paper session: **Pediatrics** Chair: Cecilie Arildsen & Andreas Balslev-Clausen
	Break						
10.00-10.45	**Guildal lecture: Preparing for War Casualties in the Nordic Perspective (Congress Hall)** Speaker: Janne Heikkinen, Orthopedic Surgeon and Chief of Surgery, Centre for Military Medicine, Finland						
	Coffee Break in the Exhibition Area						
11.15-12.00	Symposium: **Why Low-value Care remains common in Orthopaedics?** Chair: Aleksi Reito	National society session: **Estonia – War Medicine and Orthopaedic care** Chair: Kaspar Tootsi	Educational symposium: **How do we use simulation to train the best surgeons?** Chair: Katrine Borum	Free paper session: **Hip Arthroplasty** Chair: Stephan Maximilian Herbert Röhrl & Mats Bue	Free paper session: **Pediatrics** Chair: Christopher Iobst & Jan Duedal Rölfing	Free paper session: **Experimental** Chair: Anna Vasara & Jasmin Bagge	**Closed meeting:** Cheflæger
12.15-12.45	Lunch symposium: **Arthrex**	**Lunch in the Exhibition Area**					

Keynote | Symposia | Oral presentation | Other

NOF CONGRESS 2026
Wednesday

	CONGRESS HALL	VAND SALEN	PJERROT	COLUMBINE	HARLEKIN	BLOMSTER SALEN	BALLON SALEN
13.00-13.45	Symposium: **Physician Well-being – Become a Greater Surgeon** Chair: Christopher Iobst	National society session: **Lithuania - Orthopaedic and Medical Experience in Ukraine: Missions and National Response** Chair: Alfredas Smailys and Augustinas Rimkunas	Meet the experts (specialists): **Should we be fixing all clavicle fractures?** Speaker: Ida Tryggedsson & Johan Scheer	Free paper session: **Sports** Chair: Louise Eggers Rasmussen & Jeroen van Egmond	Free paper session: **Knee Arthroplasty** Chair: Per-Henrik Randsborg & Martin Lindberg-Larsen	Free paper session: **Foot/Ankle** Chair: Monica Sailer & Marianne Toft	Free paper session: **Tumor** Chair: Trude Basso & Michael Mørk Petersen
	Break						
14.00-14.45	**YODA/ACTA best paper** Chair: Christian Fugl Hansen & Søren Overgaard	National society session: **Norway - Overactivity and Low Value Care in Orthopaedics: Choosing wisely** Chair: Per-Henrik Randsborg	Meet the experts (specialists): **Tiny Elbows, Big Stress! A practical guide to pediatric fracture success** Speaker: Yrjänä Nietosvara & Uggi Balle	Free paper session: **Hip Arthroplasty** Chair: Kaspar Tootsi & Lars Lykke Hermansen	Free paper session: **Trauma** Chair: Lasse Rämö & Michael Brix	Free paper session: **Spine** Chair: Joost Rutges & Søren Ohrt-Nissen	**Closed meeting:** UAO
	Coffee Break in the Exhibition Area						
15.15-15.30	**Opening Ceremony (Congress Hall)** Speaker: Søren Kold (NOF president) and Ole Rahbek (DOS president)						
15.30-16.15	**NOF/DOS best paper (the Anders Rydholm Award and DOS best paper) (Congress Hall)** Chair: Kristoffer W Barfod & Søren Kold						
	Break						
16.30-18.00	**Poster Walk and Bubbles – Congress Hall** Chair: Christian Fugl Hansen						

Keynote | Symposia | Oral presentation | Other

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Nordic Approach – Global Impact

NOF CONGRESS 2026

Thursday

	CONGRESS HALL	VAND SALEN	PJERROT	COLUMBINE	HARLEKIN	BLOMSTER SALEN	BALLON SALEN	ARKADEN 4+5	ARKADEN 6	ARKADEN 7	ARKADEN 8
7.30-8.45	General assembly **DOS**										
	YNOF/YODA	Trauma	Arthroplasty	Hand/wrist	Sports	Inf/Amp	Pediatric	Oncology	Spine	Foot/Ankle	Shoulder/elbow
9.00-10.30	Meet the experts (Residents): **Hip fractures and how to do it right the first time** Speaker: Per Hviid Gundtoft & Bjarke Viberg	**Periprosthetic Fractures in the Femur** Chair: Olof Wolf	**Nordic Arthroplasty Register Association** Chair: Claus Varnum & Søren Overgaard	**Distal Radius and Forearm Fractures and Malunion: Children and Adults** Chair: Lars Vadstrup & Janni Thillemann	**ACL injury with concomitant meniscal and MCL injuries** Chair: Adam Witten	**Battlefield Lessons: The Fundamentals of Infection Surgery** Chair: Geertje Govaert	**Perthes Symposium** Chair: Yasmin D Hailer & Stefan Huhnstock	**Infected Mega-Prosthesis** Chair: Panagiotis Tsagkozis & Thomas Baad-Hansen	**Treatment of Osteoporotic Fractures** Speaker: Pernille Hermann, Camilla Nissen Toftdal, Leah Y Carreon	**Hallux Valgus: Do's and Don'ts** Chair: Mark Easley	**Distal Humerus Fracture** Chair: Bo Sanderhoff Olsen **Elbow Arthroplasty for Arthritis** Chair: Lars Adolfsson
	Coffee Break in the Exhibition Area				Symposium: **ConMed**						
11.00-12.30	ACTA symposia: **Ethics in medical writing** Chair: Li Felländer-Tsai & Søren Overgaard	**Geriatric Fracture Treatment** Chair: Frede Frihagen	**Fast-track surgery** Chair: Martin Lindberg & Maziar Mohaddes	**Distal Radius and Forearm Fractures and Malunion - Associated Ligament Lesions** Chair: Lars Vadstrup & Janni Thillemann	**Adjunct Procedures and the Posterior-Lateral Knee** Chair: Adam Witten	**Preparing for Orthopaedic Infections of War Casualties in the Nordic Perspective** Chair: Janne Heikkinen	**Hip Dysplasia Symposium** Chair: Trude Gundersen	**3D-Printed Implants in Orthopaedic Oncology** Chair: Minna Laitinen & Michael Mørk Petersen	**Spinal stenosis with or without Spondylo-listhesis** Speaker: Signe Elmose, Ivar Magne Austevoll, Freyr Gauti Sigmundsson	**Ankle arthritis** Chair: Mark Easley	**Shoulder Arthroplasty** Chair: Jeppe Vejlgaard Rasmussen & Anne Kathrine Belling Sørensen
12.45-13.15	**Lunch in the Exhibition Area**		Lunch symposium: **Contura**		Lunch symposium: **Smiths & Nephew**	Lunch symposium: **BoneSupport**	Lunch symposium: **Zimmer Biomet**				

Keynote | Symposia | Oral presentation | Other

NOF CONGRESS 2026

Thursday

	CONGRESS HALL	VAND SALEN	PJERROT	COLUMBINE	HARLEKIN	BLOMSTER SALEN	BALLON SALEN	ARKADEN 4+5	ARKADEN 6	ARKADEN 7	ARKADEN 8
	YNOF/YODA	Trauma	Arthroplasty	Hand/wrist	Sports	Inf/Amp	Pediatric	Oncology	Spine	Foot/Ankle	Shoulder/elbow
13.30-14.15		Free paper session: **Trauma** Chair: Aleksi Reito & Annie Primdahl	Free paper session: **Arthroplasty** Chair: Alfredas Smailys & Ann Ganestam	Free paper session: **Hand/wrist** Chair: Marie Anneberg Brahe & Marcus Alexander Landgren	Free paper session: **Sports** Chair: Berte Bøe & Adam Witten	Free paper session: **Infections** Chair: Stučinskas Justinas & Karen Dyreborg	Free paper session: **Pediatrics** Chair: Hilde W. van Kouswijk & Ole Rahbek	Free paper session: **Oncology** Chair: Minna Laitinen & Thomas Baad-Hansen	Free paper session: **Spine** Chair: Casper Rokkjær Dragsted & Paul Gerdhem	Free paper session: **Foot/Ankle** Chair: Rasmus Cleeman & Torben Stryhn	Free paper session: **Shoulder/ elbow** Chair: Theis Thillemann & Jeppe Vejlgaard Rasmussen
		Symposium: **SWEMACIMAGING**	**Coffee Break in the Exhibition Area**								
14.45-15.30		**What is new in upper extremity fractures? Highlight on Nordic trials** Chair: Bjarke Viberg	**Robot Surgery** Chair: Lasse Enkebølle	**Challenging Cases in Wrist and Forearm Trauma** Chair: Marie Anneberg Brahe & Marcus Alexander Landgren	**ACL-Cases** Chair: Adam Witten	**Modern Challenges in Orthopaedic Infections** Chair: Hans Gottlieb	**Children's Fractures** Chair: Topi Laaksonen	**Ongoing Studies in Orthopaedic Oncology in the NOF Countries** Chair: Christina Enciso Holm & Sarah Freund	**Nordic Spine Registries and AI: reality, hype and the road ahead** Speaker: Jarkko Halme, Catharina Parai, Tore Solberg, Mikkel Andersen	**1st ray Pathologies** Chair: Mark Easley	**Atraumatic Rotator Cuff Rupture** Chair: Tjarco Alta
		Break									
15.45-17.00		**Late night Ortho trauma surgery - what is necessary?** Chair: Lasse Rämö	General assembly **Danish Hip and Knee arthroplasty Society (DSHK)**	General assembly **Danish Society for Hand Surgery (DSfH)**	General assembly **Danish Society for Sports traumatology (SAKS)**	General assembly **Danish Society for Orthopedic infections (DSOI)**	General assembly **Danish Pediatric orthopedic society (DPOS)**	General assembly **Danish group for Sarcoma**	Spine Café **Danish Spine Group** Annual Symposium **Danish Spine Group**	General assembly **Danish Foot and Ankle Society (DFAS)**	General assembly **Danish Society for Shoulder and Elbow surgery (DSSAK)**
19.00-??		**Congress Dinner (Congress Hall)**									

Keynote | Symposia | Oral presentation | Other

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Nordic Approach – Global Impact

NOF CONGRESS 2026

Friday

	CONGRESS HALL	VAND SALEN	PJERROT	COLUMBINE	HARLEKIN	BLOMSTER SALEN	BALLON SALEN
8.00-8.45	General assembly **NOF**	General assembly **Danish Society for Traumatology (DOT)**					
9.00-9.45	Symposium: **How to Deal with Psychology in Orthopaedics?** Chair: Taco Gosens &	National society session: **Finland – Management of Pediatric Patellar Dislocation** Chair: Petri Sillanpää	Quality symposium: **Is the future guidelines by AI?** Speaker: Tove Holm-Larsen & Tove Faber Frandsen	Free paper session: **Hip Artroplasty** Chair: Olof Sköldenberg & Claus Varnum	Free paper session: **Trauma** Chair: Frede Frihagen & Christina Frølich Frandsen	Free paper session: **Shoulder/Elbow** Chair: Augustinas Rimkunas & Andreas Falkenberg Nielsen	Free paper session: **Experimental** Chair: Brynjólfur Y Jónsson & Amandus Gustafsson
	Coffee Break in the Exhibition Area						
10.15-11.00	**DOS/NOF Honorary lecture: AI and digital solutions for public health-care systems: a Nordic perspective (Congress Hall)** Speaker: Margrethe Vestager, Chair of the board of DTU and former Executive Vice President of the European Commission and Commissioner for Competition						
	Break						
11.30-12.15	Symposium: **Fragility Fracture Network (FFN) in the NOF Countries – The Role of Orthopaedic Surgeons** Chair: Johanna Rundgren	National society session: **Iceland – ACL Reconstruction in Iceland and Current Clinical Practice** Chair: Þorkell Snæbjörnsson	Symposium: **Hype, Hope or Hallucinations–What is the Role of AI, Personalization and Robotics in Modern Orthopaedics?** Chair: Aleksi Reito	Free paper session: **Sports** Chair: Rasmus Kramer Mikkelsen & Petri Sillanpää	Free paper session: **Trauma** Chair: Olof Wolf & Christian Fugl Hansen	Free paper session: **Knee Arthroplasty** Chair: Maziar Mohaddes & Oddrún Danielsen	**Closed meeting:** Inspektor
12.30-13.00	**Lunch in the Exhibition Area**						

Keynote | Symposia | Oral presentation | Other

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Friday

	CONGRESS HALL	VAND SALEN	PJERROT	COLUMBINE	HARLEKIN	BLOMSTER SALEN	BALLON SALEN
13.15-14.00	Symposium: **Treatment of Patellofemoral Instability (PFI) – Best Practice** Chair: Kristoffer W Barfod	National society session: **The Netherlands - Quality Registries: Shared Learning and Collective Improvement** Chair: Kirsten Veenstra	ACTA symposium: **Study design for the future** Chair: Paul Gerdhem & Robin Christensen	Free paper session: **Knee Arthroplasty** Chair: Nils Hailer & Lasse Enkebølle Rasmussen	Free paper session: **Hip Fracture** Chair: Anne Mørup-Petersen & Torbjørn Kristensen	Free paper session: **Pediatrics** Chair: Sebastian Rönnequist & Ahmed Halloum	Free paper session: **Inf/Amp** Chair: Julie Weber Egholm & Michala Skovlund
	Coffee Break in the Exhibition Area						
14.15-15.15	**The Greatest Nordic battle Operative versus non-operative treatment (Congress Hall)** Chair: Bjarke Viberg **Surgery or not: ACL-rupture patients wanting return to pivoting sport:** Eivind Inderhaug (Norway) vs. Kristian Samuelsson (Sweden) **Surgery or not: Pediatric Midshaft Forearm Fractures:** Morten Jon Andersen (Denmark) vs. Yrjänä Nietosvaara (Finland) **Hip fracture: Death (with or without) metal:** Cecilia Rogmark (Sweden) vs. Taco Gosens (The Netherlands)						

Keynote | Symposia | Oral presentation | Other